

helios



Tours Cabo Verde



DISCOVER TEN ISLANDS IN THE MIDDLE
OF THE ATLANTIC OCEAN



Trekking and experiences for all levels

Cape Verde is an archipelago of volcanic origin made up of ten islands, contrasting the rough diamond-shaped rocks with thin sand beaches, where the heat is felt throughout the year and its enchanting landscapes provide a great diversity of tourism: Trekking, ecotourism, rural tourism, cultural tourism in addition to water sports and beach activities. Between the mountains of Santo Antão and the beautiful city of colonial architecture of Mindelo, between a day of relaxation on the beach or an adventure into the unknown through a walk through the interior of the

islands, we will provide you with unforgettable experiences. Ten islands, numerous trekking, ecotourism, rural, cultural and beach tourism packages, designed to maximize the benefits at the best price on the market, is always our commitment. Come with us to discover these wonderful islands through responsible and inclusive tourism, in defense of the environment, preservation of our culture and integration of local communities.



	SANTO ANTÃO	SÃO VICENTE	SANTIAGO	FOGO	TOTAL
POPULATION	47.484	76.107	235.803	37.861	397.255
AREA	779 km ²	227 km ²	991 km ²	476 km ²	2473 km ²
THE HIGHEST MOUNTAIN	1.979m Topo Coroa	774m Monte Verde	1.392m Pico de Antônia	2.829m Pico do Fogo	FEATURED ISLANDS



The mountains are calling



ABOUT US

Helios Trekking Cabo Verde is an Incoming Tourism company, specialized in Trekking, ecotourism, cultural and beach tourism. Our programs consist of providing the visitor with personalized assistance and support in guided tours, providing unforgettable experiences. Ten islands, numerous packages, designed to provide you with interesting experiences through responsible, inclusive tourism, in defense of the environment, preservation of our culture and integration of local communities. Come with us to discover the trails and mountains of these wonderful islands.





OUR ACTIVITIES AND EXPERIENCES

HIKING | TREKKING | CITY TOURS | ISLAND TOURS
CULTURAL | SNORKELING WITH TURTLES | CANYONING



Program 1

Verdant Landscapes



CIRCUIT: PORTO NOVO | COVA DE PAUL | CABO DE RIBEIRA | TABULEIRO | CHA DE MANUEL SANTOS | CHA DE JOAO VAZ | CITY VILA DAS POMBAS.

Duration: 4 to 5 hours | **Altitude:** 1.160m | **Difficulty:** Medium

Itinerary:

Departure from Porto Novo to Breathtaking Viewpoints:



Let's begin our journey by exploring the magnificent viewpoints of **Cova de Paul** and **Ribeira da Torre**, where geological richness, endemic flora, and the presence of seabirds make the landscape unique. Enjoy a fascinating walk over the volcanic crater, exploring the hydrographic basin of the springs of the **Paul** and **Ribeira da Torre** valleys. The panoramic view stretches from the valley to the coastline, where our journey begins.

Picturesque Route through Tabuleiro:

We cross the charming Tabuleiro area, characterized by coffee, apple, fig, and vegetable plantations, as well as the local production of grogue. We continue on the main road of **Cha de Manuel Santos**, where a stop at the Raízes Tourist Interpretation Center offers an immersion into the rich local culture.

Lunch in Cha Joao Vaz at "O Curral" Restaurant:

We proceed to the **Cha Joao Vaz** area, where a visit to the "O Curral" restaurant provides an authentic and delicious culinary experience. Explore the local Trapiche to witness the production of grogue and the exhibition of local products.

Comfortable Return:

Upon concluding the excursion, we can choose between continuing the walk to the city on the main road or opting for a vehicle for a more comfortable return to the hotel. Private or shared taxis are available to ensure a smooth and safe journey back.

This tour promises a unique journey through the natural and cultural wonders of **Santo Antao**.

INCLUDED: Certified Guide; Transfers; Lunch; Ferry Tickets.

from:
245€
per pax



Program 2

Land and Sea



CIRCUIT: PONTA DE SOL | CRUZINHA | PONTA DO SOL

Duration: 4 to 5 hours | **Distance:** 15 Km | **Difficulty:** Medium

Itinerary:

Departure from Porto Novo to Breathtaking Viewpoints:



To reach **Cruzinha** and start our trail, we will travel by vehicle from the village of **Ponta do Sol**, located on the northeast coast of the island. Known in colonial times as **Vila de Maria Pia**, in honor of Queen Maria Pia of Savoy. We will explore the history of the island's only airstrip, currently inactive, while our local population engages in fishing activities. Upon reaching the **Cruzinha** locality, we will traverse pedestrian paths in a zigzag fashion, featuring captivating views of the landscape, alternating between the ocean and imposing mountains, along with breathtaking deep valleys.

On our route, we will head towards various localities, including the beautiful village of **Fontainhas**, highlighting the picturesque village of **Corvo**, a lush area with water springs throughout the year. **Corvo** offers opportunities for mountain climbing, providing a unique experience for us. We will also pass through the village of **Formiguinhas**, known for a beach called **Praia d'Aranhas** with black sand, a unique attraction. From July to October, it will be possible to observe the nesting of sea turtles.

INCLUDED: Certified Guide; Transfers; Lunch; Ferry Boat tickets. **NOT INCLUDED:** Accommodation.

from:
270 €
per pax



Agriventure Trails



CIRCUIT: BOCA DE AMBAS AS RIBEIRAS | MOCHO AND CHA D'IGREJA

Duration: 4 to 5 hours | **Distance:** 7.8 Km | **Difficulty:** Medium

Itinerary:

Start of the Ascending Journey:



Our adventure begins with the ascent through the long and steep slopes of the **Mocho** and **Garça** valleys. This route provides breathtaking views of the natural landscape, with various lush streams surrounding us.

Natural and Cultural Riches:

Along the way, we will have the opportunity to appreciate a natural heritage of great relevance, highlighted by the diversity of flora and fauna. Discover cultural, historical, and traditional values that permeate this unique region.

Cultivation and Local Products:

Our route traverses cultivated areas, where we can admire sugarcane fields, as well as local horticultural products such as corn, papaya, banana, mangoes, breadfruit, "grogue" (local liquor), and honey.

Picnic break at Cidadela Mocho:

We will enjoy a well-deserved picnic at the charming **Cidadela Mocho**, a picturesque location that not only offers a relaxing environment but also immerses us in the rich cultural and historical heritage of our region. Embark on this unique hike, where each step reveals the diversity of nature, local traditions, and authentic flavors. Book now to experience an enriching journey in **Boca de Amba**s as well **Ribeiras – Mocho** and **Cha d'Igreja**.

INCLUDED: Certified Guide; Transfers; Lunch; Ferry Boat tickets. **NOT INCLUDED:** Accommodation.

from:
350 €
per pax



Program 4

Top Mountain



CIRCUIT | OPTION 1: PICO DA CRUZ – RIBEIRA DE PENEDO – JANELA

CIRCUIT | OPTION 2: PENEDO – RIBEIRA DO PENEDO – ESTANCIA DE PEDRA – PICO DA CRUZ – COVA

Duration: 4 hours | **Distance:** 14 Km | **Difficulty:** Medium



Itinerary:

The hike starts and/or ends at 1600 meters above sea level, with alpine cold and trees; we find nature at its height with magnificent and verdant vegetation, with steep descents and ascents, passing through plantations, zigzag paths, narrow ridges, traditional houses. A difficult and demanding itinerary, both for those descending and for those ascending, but at the same time pleasurable; in **Ribeira de Penedo**, the **Pedra de Letreiro**, with unknown writings involving the Tour in an atmosphere of mystery and supernatural.

INCLUDED: Certified Guide; Transfers; Picnic. **NOT INCLUDED:** Accommodation; Ferry Boat tickets.

from:
190 €
per pax





Seven days of pure Adrenaline

DISCOVERS SAO VICENTE AND SANTO ANTAO ON A 7-DAY JOURNEY AND 6-NIGHTS.

Day 1: Explore Mindelo, the enchanting capital of **Sao Vicente**.



Begin your journey with a warm welcome at Cesária Évora Airport in São Vicente. We will transfer you to the hotel or guesthouse, providing a relaxing environment to prepare for an exciting exploration. Dive into the authenticity of local markets, such as the Fish Market and the Municipal Market, during our City Tour in Mindelo. Visit the Cesária Évora Museum for a dose of culture and history. Admire the majestic Tower of Belém and other historical monuments. Conclude the day with a delicious lunch at the Caravela restaurant, where island dishes will tantalize your senses.

Day 2: Hike from **Pombas Brancas** resort to **Salamansa**.

Embark on a thrilling trail from Pombas Brancas to Salamansa. Enjoy panoramic views of the sea and white sand dunes. Explore beaches like Jondebra, Finados, Jordão, and Salamansa, immersing yourself in the wild and arid nature of São Vicente.

Day 3: Embarks on a boat trip from **Sao Vicente** to **Santo Antao**.

Get ready for an unforgettable experience as we cruise by Ferry Boat for 1 hour from São Vicente to the lush island of Santo Antão. Upon arrival in Porto Novo, we'll embark on a 1-hour drive to the picturesque village of Tarrafal, where the greenery of the vegetation blends with the arid terrain. Explore the fishing community of Monte Trigo and savor an authentic lunch of fresh fish and local vegetables. On the way back to Tarrafal, choose between an exciting fishermen boat ride, where you can admire the rocky cliffs and marine life, and may even spot dolphins, or a car trip for a more tranquil experience.





Day 4: Discovers the Natural Wonders of Santo Antao.



Explore the stunning landscape of Santo Antao, starting with the crater of the Cova volcano. Descend through the Paúl Valley, renowned for its natural beauty. Make stops at panoramic points and enjoy an authentic lunch at the O Curral restaurant. Continue the adventure in Ponta do Sol.

Day 5: Take a Scenic Walk from Ponta do Sol to Cruzinha to Chã de Igreja

Explore picturesque villages like Fontainhas, Corvo, and Formiguinhas during a scenic walk from Ponta do Sol to Chã de Igreja. Admire the mountains meeting the sea, traverse fascinating trails, and pass by black sand beaches. Don't miss the opportunity to visit the charming fishing community of Cruzinha da Garça.

Day 6: Embark on an Adventure in **Ribeira Grande** and Valley of **Ribeira da Torre**.

Embark on an exciting hike through the rural landscape from Ribeira Grande to Vale de Ribeira da Torre. Pass through cultivated valleys, perched villages, and breathtaking panoramic views. Take a break for photos and visit the Grogue Melissa distillery to learn about the production of this famous local rum. End the day with a typical lunch at a restaurant, savoring the authentic flavors of Santo Antão.

Day 7: Return to **Sao Vicente** and farewell.

Bid farewell to Santo Antao and return to Sao Vicente. Enjoy the return trip on the new road connecting Ribeira Grande to Porto Novo, admiring the landscape along the way. Then, board the ferry back to Sao Vicente, where you'll be welcomed at Mindelo port and transferred to your hotel or guesthouse. Enjoy a free afternoon and evening before preparing for your departure the next day.

Important Note: Our itinerary is subject to weather changes to ensure your safety and comfort throughout the entire journey. At every step, we provide services that enhance your experience, making your visit truly unforgettable.

INCLUDED: Certified Guide; Transfers; Arrive and departure from Cesária Évora Airport; Ferry tickets; 7 nights of accommodation (including breakfast + 1 bottle of water); 6 meals (lunch or dinner as per the itinerary); Tickets to visit historical and cultural monuments (CNAD, Cesária Évora Museum).

NOT INCLUDED: Travel insurance; Travel tickets; Beverages.



Full day Santo Antao by Car

Itinerary:

08:00 AM - Meeting at the Porto Novo city port.



From the **Porto Novo** port, we begin our journey towards the northern coast of the island, following the old road into the mountains. Along the way, we will make stops at the main tourist points on the eastern plateau, where green landscapes of pines and cedars await us. We will visit the impressive volcanic crater **Cova** and the viewpoints of **Corda** and **Delgadinho**, each offering breathtaking views. You will be captivated by steep landscapes in contrast to the desert aridity of the southern island, as well as small villages perched on hillsides and valleys cultivated with a variety of crops, such as bananas, sugarcane, breadfruit, cassava, tomatoes, figs, and apples, among others. Continuing our route, we will reach the **Ribeira da Torre** (Xoxo) valley, known for its typical cultures and plantations that provide impactful and beautiful panoramas. We will make a stop in the charming village of **Fontainhas**, where we will have the opportunity to interact with the local population, known for their friendliness and hospitality.

01:00 pm - Lunch break in **Ponta do Sol**, a picturesque fishing community with old houses of Portuguese colonial architecture.

02:30 pm - Departure for the exotic **Paul Valley**, known as the garden of Cape Verde, for its lush vegetation and stunning landscapes.

03:30 pm - Return to the **Porto Novo** port, following the island's coastal road.

05:00 pm - Boarding the ferry boat to **Sao Vicente**.

06:00 pm - Arrival at the **Mindelo** port and transfer to the hotel. Embark on a day full of discoveries and breathtaking landscapes in **Santo Antao**, an experience that will be etched in your memory forever.

INCLUDED: Certified Guide; Transfer; Lunch; Ferry Boat tickets.

from:
245€
per pax





Full day Sao Vicente

Duration: 8 hours

Monte Verde - Salamansa - Baia das Gatas - North of Baia - Calhau



Magnificent and spectacular, this tour is a mixture of history and culture, culminating in the unique nature of the beaches, volcanoes, and the **Monte Verde** Natural Park. The tour begins with an excursion to Mindelo Bay and its historic center, where you can enjoy colonial architecture, monuments, and daily life. It continues with a visit to the highest point on the island, **Monte Verde**, the extensive and beautiful white sand beach of **Salamansa**, the natural pool of **Baía das Gatas**, and the opportunity to contemplate the majestic and magnificent volcanoes of **Calhau**. Don't forget to indulge in typical dishes, where you can choose between Tuna, Djeu, Grouper, and seafood. All of this and more are part of this wonderful adventure that we offer you.

INCLUDED: Certified Guide; Transfer; Lunch.

from:
190€
per pax

City Tour Mindelo

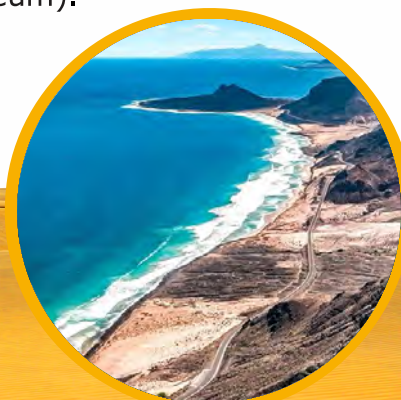
Duration: 4 hours



A different perspective of the city of Mindelo. Enjoy one of the 10 most beautiful bays in the world, getting to know its historical past and charms, where you can appreciate buildings of Portuguese and British colonial architecture, and its monuments, such as **Praça Nova**, **Centro Artesanato**, **Pássaro**, **Capitão Donatário Diogo Afonso**, **Torre Belém**, **Mercado Municipal**, **Mercado de Peixe**, **Palácio do Povo**, **Museu Cesária Évora**, and the daily life and arts and crafts of its people. Like few in Cape Verde, Mindelo is a city that brings together art, culture, history, music, as shown through this city tour.

INCLUDED: Certified Guide; Lunch; Tickets to visit historical and cultural monuments(CNAD, Cesária Évora Museum).

from:
105€
per pax





Discovering North Shore

CIRCUIT: HIKKING FROM POMBAS BRANCAS TO SALAMANSA | SAO VICENTE

Duration: 5 hours | **Difficult:** Medium



Itinerary:

09:00 am – Departure from the hotel to the start of the hike in **Cha de Alecrim**.

09:20 am – 12:20 pm – Discovery of valleys, mountains, beaches, and white sand dunes.

12:20 pm – 01:30 pm – Typical lunch in **Salamansa**.

01:30 pm – 02:00 pm – Transfer back to the hotel.

The journey begins with an exhilarating ascent through a rocky slope. After a few hundred meters of walking, you can enjoy panoramic views of the sea and distant white sand dunes. As we progress, we are greeted by extensive white sandy beaches, including the beautiful beaches of **Jondebra**, **Finados**, **Jordao**, and **Salamansa**. Here, travelers can experience an intimate connection with nature, where the arid landscape, devoid of vegetation, reveals all its wild beauty. Prepare for a memorable journey, where each step unveils a new natural wonder and a deeper connection with the spirit of the island of **Sao Vicente**.

INCLUDED: Certified Guide; Transfers; Lunch.

from:
115€
per pax





SNORKELING WITH TURTLES SÃO PEDRO BEACH

from 1 to 3 persons | from 4 persons
from 5 or more persons

Transport included

TAKING PHOTOS AND VIDEOS ARE ALLOWED

Please book 24 hours in advance to guarantee availability

FROM:
95€



SNORKELING WITH TURTLES PLUS BOAT RIDE TO RIBEIRINHA COAST

from 4 persons | from 5 persons

Transport included

TAKING PHOTOS AND VIDEOS ARE ALLOWED

Please book 24 hours in advance to guarantee availability

FROM:
135€



SNORKELING WITH TURTLES + BOAT RIDE TO FATEJA BAY

from 4 persons | from 5 persons

Transport included

TAKING PHOTOS AND VIDEOS ARE ALLOWED

Please book 24 hours in advance to guarantee availability

FROM:
190€





Main Information

- Confirmation will be received at the time of booking;
- Not recommended for travelers with back problems, heart problems, pregnant women, or other serious illnesses;
- People afraid of heights or vertigo;
- People with reduced mobility;
- Children under 12 years old;
- This experience requires good weather conditions. If canceled due to bad weather, we will offer an alternative date or a full refund;
- For one day packages that do not include boat passage tickets, the tour starts from the hotel where you are staying;
- Please inform in advance if you are in São Vicente or Santo Antao so that we can arrange transportation and establish the meeting point;

Accessibility:

Not wheelchair accessible.

Assistance:

If you have any doubts regarding packages and prices or to make your reservation, we will be happy to help.

For more information contact us:

by phone: (+238) 977 79 77

by email: info@helios.cv





Terms and Conditions

Clear and transparent policies are essential to cultivate good synergies and a relationship of trust among professionals in the industry for the well-being of tourists.

In order to provide a quality service without any constraints for our esteemed operators and clients in general, please adhere to the terms and conditions of the sales policy for our products and services:

For international operators wishing to send tourists on National Tours or other experiences and adventures that include transfers, accommodation, meals, events, and other services, please make your reservations through our contacts:

Reservation and Payment Policy:

Payment to secure your reservation is 60% after the presentation of the final list of travelers, which should occur up to 45 days before the start of the trip. The remaining 40% must be made up to 15 days before the start of the trip. Circuits that do not include accommodation can be booked up to 24 hours before their start. Prices will be change depending on the size of the group.

Payment methods:

Bank Transfer

Credit Card (Visa, Visa Electron, Master Card).

Vinti4 Debit Card

Cancellation and Refund Policy:

In the event of cancellation, a full refund without penalties should occur up to 30 days before the start of the trip. If it occurs up to 21 days before the trip, a 50% refund of the amount paid will be provided. You will be entitled to a 25% refund up to 15 days before the trip. For cancellations less than 15 days before the trip, there will be no entitlement to any refund.

Request your refund:

Send us an email to "info@helios.cv" with the following information:

- * Your name
- * Reason for cancellation
- * Proof of payment





THE SEVEN WONDERS OF CAPE VERDE

7 wonders of Cape Verde you must visit

FOGO ISLAND VOLCANO

SANTA MARIA BEACH

SALINAS OF PEDRA LUME

MONTE GORDO NATURAL PARK

VIANA DESERT

CARBEIRINHO BEACH

MONTE-CARA SAO VICENTE



www.helios.cv



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CLICK HERE!

